

## QUALITY MEASURES FOR PRIMARY CARE

The following metrics should be used as general guidelines. To review details and exclusions to each measure (available for purchase from NCQA), visit <http://bit.ly/2oG7ufl>.

Key: **C** = Commercial, **D** = Medicaid, and **E** = Medicare.

### SCREENING, PREVENTION, AND MEDICATION SAFETY METRICS

Age range	Measurement	Source(s)	HEDIS applies to
All ages	<b>Immunizations</b> PERFORM age-appropriate recommended immunizations.	IHA, HEDIS	C, D, E
< 2 years	<b>Lead screening in children</b> PERFORM lead testing before age 2.	HEDIS	D
3-17 years	<b>Weight assessment and counseling for nutrition and physical activity for children/adolescents</b> PERFORM BMI and counseling for nutrition and physical activity. REPORT ICD-10/CPT CODES for BMI, Z68.51-Z68.54; nutrition counseling, Z71.3 and 97802-97804; and exercise counseling, V65.41.	Collaborative, HEDIS, IHA	C, D
≥ 12 years	<b>Depression screening and follow-up for adolescents and adults</b> PERFORM a PHQ-9/PHQ-A and, if screened positive, provide appropriate follow-up care within 30 days.	HEDIS (2018 measure)	C, D, E
16-24 years	<b>Chlamydia screening</b> PERFORM chlamydia testing for sexually active female patients.	HEDIS, IHA	C, D
≥ 18 years	<b>Adult BMI assessment</b> CALCULATE BMI at visit yearly (HEDIS, IHA). RECOMMEND a follow-up plan for abnormal BMI ranges (Collaborative): • Normal BMI ≥ 18.5 and < 25.	Collaborative, HEDIS, IHA	C, D, E
≥ 18 years	<b>Medication reconciliation post-inpatient discharge</b> RECONCILE medications at a follow-up visit within 30 days of discharge from a hospital, skilled nursing facility, or rehabilitation facility.	Collaborative	---
21-64 years	<b>Cervical cancer screening</b> DO NOT perform a pap smear if patient's age is < 21 years. PERFORM a pap smear without HPV co-testing within the past 3 years for patients ages 21 to 64. PERFORM a pap smear with HPV co-testing within the past 5 years for patients ages 30 to 64.	Collaborative, HEDIS, IHA	C, D
46-79 years	<b>Aspirin use and discussion</b> PERFORM discussion of risks and benefits of preventive aspirin use in men age 46 to 79 and women age 56 to 79.	HEDIS	C, D
50-74 years	<b>Breast cancer screening</b> PERFORM a mammogram within the past 27 months (Oct. 1 two years prior to the current year through Dec. 31 of the current year).	Collaborative, HEDIS, IHA	C, D, E
50-75 years	<b>Colorectal cancer screening</b> PERFORM a colonoscopy in the past 10 years, flexible sigmoidoscopy in the past 5 years, or fecal occult blood test annually.	Collaborative, HEDIS, IHA	C, E
65-85 years	<b>Osteoporosis testing in older women</b> PERFORM at least one DEXA scan in women ages 65 to 85.	HEDIS	E
≥70 years	<b>Non-recommended PSA-based screening in older men</b> DO NOT order a screening PSA for men ≥ 70 years old.	HEDIS	E

continued ►



**FPM Toolbox** To find more practice resources, visit <https://www.aafp.org/fpm/toolbox>.

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## CHRONIC CARE METRICS

Age range	Measurement	Source(s)	HEDIS applies to
<b>CARDIOVASCULAR</b>			
≥ 18 years	<p><b>Annual monitoring for patients on persistent medications (ACE/ARBs, diuretics, digoxin)</b></p> <p>ORDER a lab panel containing serum potassium and creatinine (e.g., BMP or CMP) annually for patients on ACE/ARBs and/or diuretics.</p> <p>ORDER digoxin level and serum potassium and creatinine annually for patients on digoxin.</p>	HEDIS, IHA	C, D, E
≥ 18 years	<p><b>Persistence of beta-blocker treatment after heart attack</b></p> <p>CONFIRM beta-blocker use/prescription in patients diagnosed with acute myocardial infarction (MI) after hospital discharge.</p>	Collaborative, HEDIS	C, D, E
≥ 18 years	<p><b>Aspirin or other antithrombotic use by people with ischemic vascular disease</b></p> <p>CONFIRM aspirin or other antithrombotic use/prescription in patients diagnosed with acute MI or who have undergone CABG or PCI after hospital discharge.</p>	Collaborative	C, D, E
18-85 years	<p><b>Controlling high blood pressure</b></p> <p>ACHIEVE blood pressure control in hypertensive patients, defined as:</p> <ul style="list-style-type: none"> <li>• Ages 18-59: &lt; 140/90 mmHg,</li> <li>• Ages 60-85 with a diagnosis of diabetes: &lt; 140/90 mmHg,</li> <li>• Ages 60-85 without a diagnosis of diabetes: &lt; 150/90 mmHg.</li> </ul>	Collaborative, HEDIS, IHA	C, D, E
21-75 years	<p><b>Statin therapy for patients with cardiovascular disease</b></p> <p>PRESCRIBE a moderate or high-intensity statin for patients with atherosclerotic cardiovascular disease in males age 21 to 75 and females age 40 to 75.</p>	HEDIS, IHA	C, D, E
<b>DIABETES</b>			
18-75 years	<p><b>Comprehensive diabetes care</b></p> <p>ORDER an A1C.</p> <p>ACHIEVE an A1C of &lt; 8 percent (Collaborative, HEDIS).</p> <p>REDUCE the number of patients with an A1C of &gt; 9 percent.</p> <p>REFER patient for annual retinal eye exam (Collaborative, HEDIS).</p> <p>ORDER nephropathy screening/monitoring and/or PRESCRIBE ACE/ARB therapy.</p> <p>ACHIEVE blood pressure of &lt; 140/90 mmHg.</p> <p>PERFORM foot exam (visual, monofilament, pulse exams) (Collaborative).</p>	Collaborative, HEDIS, IHA	C, D, E
40-75 years	<p><b>Statin therapy for patients with diabetes</b></p> <p>PRESCRIBE any intensity statin in patients with diabetes.</p>	HEDIS, IHA	C, D, E
<b>RESPIRATORY</b>			
5-85 years	<p><b>Medication management for people with asthma</b></p> <p>PRESCRIBE appropriate medications in patients diagnosed with persistent asthma.</p>	Collaborative, HEDIS	C, D, E
≥ 40 years	<p><b>Use of spirometry testing in the assessment and diagnosis of COPD</b></p> <p>ORDER/PERFORM spirometry testing in patients to confirm a new or newly active COPD diagnosis.</p>	HEDIS	C, D, E
<b>RHEUMATOLOGIC</b>			
> 18 years	<p><b>Disease modifying anti-rheumatic drug (DMARD) therapy for rheumatoid arthritis</b></p> <p>PRESCRIBE DMARD or REFER to rheumatology for DMARD prescription to treat rheumatoid arthritis.</p>	HEDIS	C, D, E
67-85 years	<p><b>Osteoporosis management in women who have had a fracture</b></p> <p>ORDER a DEXA scan or PRESCRIBE a medication to treat osteoporosis within 6 months after the fracture.</p>	HEDIS	E
<b>BEHAVIORAL HEALTH</b>			
6-12 years	<p><b>Follow-up care for children prescribed ADHD medication</b></p> <p>SCHEDULE a follow-up visit within 30 days of starting a new ADHD medication. SCHEDULE two additional follow-up visits nine months after starting.</p>	HEDIS	C, D
≥ 12 years	<p><b>Utilization of the PHQ-9 to monitor depression symptoms for adolescents and adults</b></p> <p>PERFORM a PHQ-9/PHQ-A at least once during a four-month period in a patient diagnosed with major depression or dysthymia.</p>	Collaborative, HEDIS	C, D, E

Age range	Measurement	Source(s)	HEDIS applies to
<b>BEHAVIORAL HEALTH</b>			
≥ 12 years	<b>Depression remission or response for adolescents and adults</b> PERFORM a follow-up PHQ-9/PHQ-A to evaluate response or remission: <ul style="list-style-type: none"> <li>• within 5-7 months of a previous elevated PHQ score (HEDIS),</li> <li>• within 12 months of an initial PHQ-9 score of &gt; 9 (Collaborative).</li> </ul>	Collaborative, HEDIS	C, D, E
≥ 13 years	<b>Initiation and engagement of alcohol and other drug dependence treatment</b> PRESCRIBE MEDICATION, COUNSEL, or REFER for treatment of alcohol or other drug dependence within 14 days of diagnosis. Patient needs to receive at least two additional services within 30 days of treatment initiation.	HEDIS	C, D, E
≥ 18 years	<b>Medical assistance with smoking cessation</b> PRESCRIBE MEDICATION and/or COUNSEL patient to assist with smoking cessation.	Collaborative, HEDIS	C, D, E

### ACUTE CARE METRICS

Age range	Measurement	Source(s)	HEDIS applies to
3 months - 18 years	<b>Appropriate treatment of children with upper respiratory infection (URI)</b> DO NOT prescribe antibiotics for URI within three days of diagnosis.	HEDIS	C, D
3-18 years	<b>Appropriate testing of children with pharyngitis</b> PERFORM a strep test when patient is diagnosed with pharyngitis AND prescribed an antibiotic.	HEDIS, IHA	C, D
18-50 years	<b>Use of imaging studies for low back pain</b> DO NOT order an imaging study for uncomplicated low-back pain within 28 days of the diagnosis.	Collaborative, HEDIS, IHA	C, D
18-64 years	<b>Avoidance of antibiotic treatment in adults with acute bronchitis</b> DO NOT prescribe antibiotics for acute bronchitis within three days of diagnosis unless patient has a co-morbid condition: <ul style="list-style-type: none"> <li>• Co-morbid conditions include bronchiectasis, COPD, chronic bronchitis, emphysema, cystic fibrosis, sickle cell disease, HIV, cancer, and tuberculosis.</li> <li>• Co-morbid conditions do not include asthma, diabetes, and tobacco use.</li> </ul>	Collaborative, HEDIS, IHA	C, D

### OLDER ADULT CARE METRICS (≥ 65 YEARS)

Measurement	Source	HEDIS applies to
<b>Fall risk management</b> ASK if the patient has had any falls in the past 12 months. DISCUSS falls or problems with balance or walking. TREAT balance or walking problems. RECOMMEND how to prevent falls.	HEDIS	E
<b>Management of urinary incontinence in older adults</b> ASK if the patient has had urinary incontinence symptoms in the past six months and how it affects his or her life. DISCUSS treatment options.	HEDIS	E
<b>Physical activity in older adults</b> ASK about the patient's level of exercise or physical activity. ADVISE the patient to start, increase, or maintain his or her level of exercise or physical activity.	HEDIS	E
<b>Medication review</b> RECONCILE prescription and non-prescription drugs, vitamins, herbal remedies, and other supplements at least once a year.	HEDIS	D with E, or E
<b>Special needs plan care management</b> PERFORM a Health Risk Assessment once a year.	HEDIS	D with E, or E
<b>Functional status assessment</b> PERFORM an evaluation of activities of daily living once a year.	HEDIS	D with E, or E
<b>Pain screening</b> PERFORM a pain screening evaluation or DOCUMENT a pain management plan at least once a year.	HEDIS	D with E, or E
<b>Advance care planning</b> DOCUMENT advance care planning discussion or INCLUDE the patient's advance care plan in the medical record.	HEDIS	D with E, or E