A DEPRESCRIBING ALGORITHM

1. Consider Beers list drugs, opioids, anticholinergics, NSAIDS, etc.

Determine which medications the patient is actively taking.

Is a medication …

- Potentially inappropriate?
- Lacking an indication?
- Failing to provide an additional benefit?
- Lacking efficacy?
- Causing an adverse reaction?
- Complex in its regimen?

If yes, initiate patient discussion about deprescribing and gain agreement.

Proceed with current visit; rereview medications at future visit.

Is medication tapering needed?

- Yes: Taper medication.
- No: Proceed with current visit; rereview medications at future visit.

Discontinue medication.

FPM Toolbox To find more practice resources, visit https://www.aafp.org/fpm/toolbox.