

Acute Migraine Headache: Treatment Strategies

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Migraine is a primary headache disorder characterized by recurrent attacks. Acetaminophen, nonsteroidal anti-inflammatory drugs, triptans, antiemetics, ergot alkaloids, and combination analgesics have evidence supporting their effectiveness in the treatment of migraine. Acetaminophen and nonsteroidal anti-inflammatory drugs are first-line treatments for mild to moderate migraines, whereas triptans are first-line treatments for moderate to severe migraines. Although triptans are effective, they may be expensive. Other medications such as dihydroergotamine and antiemetics are recommended for use as second- or third-line therapy for select patients or for those with refractory migraine. The pharmacologic properties, potential adverse effects, cost, and routes of administration vary widely, allowing therapy to be individualized based on the pattern and severity of attacks. Several treatment principles, including taking medication early in an attack and using a stratified treatment approach, can help ensure that migraine treatment is cost-effective. (*Am Fam Physician*. 2018;97(4):243-251. Copyright © 2018 American Academy of Family Physicians.)



Illustration by Jonathan Dimes

Migraine is a primary headache disorder characterized by recurrent attacks. Approximately 44.5 million U.S. adults (18% to 26% of women and 6% to 9% of men) have experienced a migraine, according to 2009 data.¹ Estimated annual U.S. direct costs for migraine are more than \$17 billion; the costs of lost productivity and reduced quality of life are significantly higher.² More than one-half of migraines are treated in primary care, and they are the fourth most common cause of emergency department visits.³

Diagnosis and Patient Assessment

Migraine has well-established diagnostic criteria⁴ (*Table 1*⁵). Good evidence supports the use of

the POUND mnemonic for migraine diagnosis⁶ (*Table 2*⁷). Assessment aims to confirm diagnostic criteria, evaluate for alternative explanations, identify comorbidities that could complicate management (e.g., depression, chronic pain),⁸ and document the baseline pattern and severity of episodes. A variety of conditions can present as headache, most of which can be identified by the history and physical examination (*Table 3*).⁶ The only indications for ancillary testing are to identify causes of secondary headaches or comorbid conditions.^{9,10} *Table 4* lists red flag symptoms that indicate the need for neuroimaging and/or urgent referral.^{9,10}

General Treatment Principles

Evidence-based guidelines from the United States, Canada, and Europe provide consistent recommendations, including lifestyle modifications, avoidance of triggers, and healthy coping mechanisms.^{8,10,11} This article focuses on pharmacologic treatment of acute migraine. Medications recommended for acute migraine are listed in *Table 5*.⁸

CME This clinical content conforms to AAFP criteria for continuing medical education (CME). See CME Quiz on page 235.

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Patient information: A handout on this topic is available at <https://familydoctor.org/condition/migraines>.

The variety of options allows for individualized management based on the patient's symptoms and preferences, as well as medication effectiveness, adverse effects, and cost.

Three treatment strategies are recommended.¹² The stratified approach is based on headache severity: mild

headaches are initially treated with nonsteroidal anti-inflammatory drugs (NSAIDs), whereas more severe headaches are initially treated with a triptan. In the "step care across attacks" approach, the initial medication is chosen based on cost and adverse effect profile. If treatment is unsuccessful, a more potent medication is used for subsequent attacks. Finally, the "step care within attacks" approach uses a simple analgesic initially, but switches to more potent medications later in the same attack, if necessary. In a comparative trial, the stratified approach was more successful at relieving pain at two hours, but it resulted in more adverse effects.¹³ The "step care within attacks" approach works best for prolonged episodes or in patients with inconsistent symptom patterns.

Guidelines stress basic treatment principles for acute migraine.^{8,10,11} First, the patient must understand the condition and treatment strategy, and medication should be taken early in the attack. Appropriate follow-up and treatment adjustment are crucial. Some patients require more than one medication or formulation. Several medications are available as tablets, orally disintegrating tablets, nasal sprays, or injections to facilitate administration, especially if vomiting occurs. Patients must be counseled about the danger of medication overuse and the risk of conversion to chronic daily headache (transformed migraine). Acute medications, including triptans, should not be used more than two or three times per week. If acute treatment is needed more often, prophylactic therapy should be considered.¹⁴

First-Line Therapies

ACETAMINOPHEN AND NSAIDS

Strong evidence supports the use of acetaminophen and oral NSAIDs such as aspirin, diclofenac, ibuprofen, and naproxen as first-line treatments for mild to moderate migraine attacks.^{8,11,12} In placebo-controlled trials, acetaminophen was less effective than NSAIDs but did not cause gastric irritation or antiplatelet effects.^{12,15} The recommended dose is 1,000 mg. Aspirin is effective at doses of 1,000 mg but has the greatest risk of gastric irritation.^{12,16} Ibuprofen is often chosen for its availability and tolerability. A Cochrane review (nine studies, N = 4,373) comparing ibuprofen with placebo concluded that the number needed to treat (NNT) to improve pain from moderate/

TABLE 1

International Headache Society Diagnostic Criteria for Migraine Headache With and Without Aura

Migraine without aura

Headache lasts 4 to 72 hours (untreated or unsuccessfully treated)

Headache has at least 2 of the following:

Aggravation by or causing avoidance of routine physical activity (e.g., walking, climbing stairs)

Moderate or severe pain

Pulsating quality

Unilateral location

During headache, at least 1 of the following:

Nausea and/or vomiting

Photophobia and phonophobia

Not attributed to another disorder

History of at least 5 attacks fulfilling above criteria

Migraine with aura*

Aura consisting of at least 1 of the following, but no motor weakness:

Fully reversible dysphasic speech disturbance

Sensory symptoms that are fully reversible, including positive features (e.g., pins and needles) and/or negative features (e.g., numbness)

Visual symptoms that are fully reversible, including positive features (e.g., flickering lights, spots, lines) and/or negative features (e.g., loss of vision)

At least 2 of the following:

Homonymous visual symptoms and/or unilateral sensory symptoms

At least 1 aura symptom develops gradually over 5 minutes, or different aura symptoms occur in succession over 5 minutes

Each symptom lasts at least 5 minutes, but no longer than 60 minutes

Headache fulfilling criteria for migraine without aura begins during the aura or follows aura within 60 minutes

Not attributed to another disorder

History of at least 2 attacks fulfilling above criteria

*—Recurrent disorder manifesting in headaches with reversible focal neurologic symptoms that usually develop gradually over 5 to 20 minutes before onset of the headache and last for less than 60 minutes. Headache with the features of migraine without aura usually follows the aura symptoms. Less commonly, headache lacks migrainous features or is completely absent (isolated aura).

Adapted with permission from Gilmore B, Michael M. *Treatment of acute migraine headache* [published correction appears in *Am Fam Physician*. 2011;84(7):738]. *Am Fam Physician*. 2011;83(3):272.

BEST PRACTICES IN NEUROLOGY

Recommendations from the Choosing Wisely Campaign

Recommendation	Sponsoring organization
Do not use opioids or butalbital for migraine except as a last resort.	American Academy of Neurology
Do not prescribe opioid or butalbital-containing medications as first-line treatment for recurrent headache disorders.	American Headache Society
Do not recommend prolonged or frequent use of over-the-counter pain medications for headache.	American Headache Society

Source: For more information on the Choosing Wisely Campaign, see <http://www.choosingwisely.org>. For supporting citations and to search Choosing Wisely recommendations relevant to primary care, see <http://www.aafp.org/afp/recommendations/search.htm>.

severe to mild at two hours is 3, and the NNT for complete pain relief at two hours is 7.¹⁷ Most studies used 400 mg of ibuprofen. Ibuprofen has a short half-life, and repeat dosing may be necessary. Diclofenac is available as a powder or tablet and is as effective as ibuprofen.¹⁸ Naproxen has a slower onset of action but longer half-life. Its NNT for partial pain relief at two hours is 7 and for complete pain relief at two hours is 10, but repeat dosing may not be required.¹⁹ The typical dose is 500 mg, but 825 mg may be slightly more effective. The combination of acetaminophen/aspirin/caffeine has strong evidence of effectiveness and can be used as a first-line treatment for migraine.^{8,20,21} Although trials consistently show NSAIDs to be more effective than placebo, head-to-head trials comparing NSAIDs are lacking, and the choice of NSAID should be based on availability and adverse effect profile.

TRIPTANS

Triptans are an effective first-line treatment for moderate to severe migraine.⁸ As 5-hydroxytryptamine receptor agonists, they are pharmacologically specific for migraine and can be used in adequate doses with relatively few major adverse effects.¹² Triptans share a common mechanism of action but differ in routes of administration, cost, and pharmacokinetics, allowing the choice of specific medication to be individualized to the patient's migraine pattern.

Patients may respond to certain triptans but not others because of genetic factors underlying migraine.¹² The best results occur when triptans are taken early in an attack. For migraine with aura, evidence suggests that the best results are achieved by taking the triptan at the onset of pain rather than the onset of aura, although taking a triptan during a typical aura seems to be safe.¹²

A meta-analysis of the effectiveness of the seven available triptans (almotriptan [Axert], eletriptan [Relpax], frovatriptan [Frova], naratriptan [Amerge], rizatriptan [Maxalt], sumatriptan [Imitrex], and zolmitriptan [Zomig]) found that standard doses provided headache relief at two hours in 42% to 76% of patients and complete pain relief at two hours in 18% to 50%.²² For headache relief at two hours, standard-dose triptans alone performed better than ergot alkaloids, equal to or better than NSAIDs and acetaminophen, and equal to or slightly worse than combination therapies (triptan plus NSAID or

acetaminophen).²²

Sumatriptan is the most extensively studied triptan. Its effectiveness varies by dose and route of administration (Table 6).²³ All triptans have strong evidence of

TABLE 2

POUND Mnemonic for Diagnosis of Migraine

Clinical features:

- Pulsatile quality of headache
- One-day duration of headache (4 to 72 hours if untreated or unsuccessfully treated)
- Unilateral headache
- Nausea or vomiting
- Disabling intensity of headache

Number of clinical features	Likelihood ratio	Probability of migraine (approximate pretest probability)		
		Male, general population (6%)	Female, general population (15%)	Primary care, any headache (33%)
4 or 5	24	60%	81%	92%
3	3.5	18%	38%	64%
0 to 2	0.41	2.5%	6.7%	17%

Adapted with permission from Ebell MH. Diagnosis of migraine headache. Am Fam Physician. 2006;74(12):2088.

TABLE 3

Differential Diagnosis of Migraine Headache

Condition	Characteristics
Acute glaucoma	Associated with blurred vision, nausea, vomiting, and seeing halos around lights; ophthalmologic emergency
Acute or chronic subdural hematoma	Antecedent trauma; may have subacute onset; altered level of consciousness or neurologic deficit may be present
Acute severe hypertension	Marked blood pressure elevation (systolic > 210 mm Hg or diastolic > 120 mm Hg); may have confusion or irritability
Benign intracranial hypertension (pseudotumor cerebri)	Often abrupt onset; associated with nausea, vomiting, dizziness, blurred vision, and papilledema; may have cranial nerve VI palsy; aggravated by coughing, straining, or changing position
Carbon monoxide poisoning	May be insidious or associated with dyspnea; occurs more commonly in colder months
Carotid artery dissection	Cause of stroke; can be spontaneous or follow minor trauma or sudden neck movement; unilateral headache or face pain; ipsilateral Horner syndrome
Cervical spondylosis	Worse with neck movement; posterior distribution; pain is neuralgic in character and sometimes referred to vertex or forehead; more common in older patients
Cluster headache	Uncommon; sudden onset; duration of minutes to hours; repeats over a course of weeks, then may disappear for months or years; unilateral lacrimation and nasal congestion; severe unilateral and periorbital pain; more common in men; patient is restless during episode
Encephalitis	Neurologic abnormalities, confusion, altered mental status or level of consciousness
Frontal sinusitis	Usually worse when lying down; nasal congestion; tenderness over affected sinus
Greater occipital neuralgia	Occipital location; tenderness at base of skull; pain is neuralgic in character and referred to vertex or forehead
Intracranial neoplasm	Worse on awakening; generally progressive; aggravated by coughing, straining, or changing position
Medication-induced headache	Chronic headache with few features of migraine; tends to occur daily; hormone therapy and hormonal contraceptives are frequent culprits; includes analgesic rebound
Meningitis	Fever; meningeal signs
Postconcussion syndrome	Antecedent head trauma; vertigo, lightheadedness; poor concentration and memory; lack of energy; irritability and anxiety
Subarachnoid hemorrhage	Explosive onset of severe headache; 10% preceded by sentinel headaches
Temporal arteritis	Almost exclusively in patients older than 50 years; associated with tenderness of scalp or temporal artery and jaw claudication; visual changes
Temporomandibular joint disorder	Pain generally involves the temporomandibular joint and temporal areas; associated with symptoms when chewing
Tension-type headache	Common; duration of 30 minutes to seven hours; typically bilateral; nonpulsating; mild to moderate intensity without limiting activity; no nausea or vomiting
Trigeminal neuralgia	Brief episodes of sharp, stabbing pain and trigeminal nerve face distribution

Adapted with permission from Wilson JF. In the clinic. Migraine [published correction appears in Ann Intern Med. 2008;148(5):408]. Ann Intern Med. 2007;147(9):ITC11-1-ITC11-14.

TABLE 4

Red Flag Headache Symptoms Indicating the Need for Neuroimaging and/or Urgent Subspecialist Referral

Change in established headache pattern or “the worst headache ever”

Neurologic signs or seizures

New onset after 50 years of age

Persistent headache after Valsalva maneuver or exertion

Progressively increasing severity

Symptoms of systemic disorders (e.g., fever, hypertension, myalgia, weight loss)

“Thunderclap” headache (maximum severity at onset)

Information from references 9 and 10.

effectiveness,⁸ but few head-to-head comparisons have been performed. The strongest evidence and most favorable outcomes are reported for subcutaneous sumatriptan, rizatriptan orally disintegrating tablets (Maxalt Mlt), zolmitriptan orally disintegrating tablets (Zomig Zmt), and eletriptan tablets.²² Sumatriptan administered as a subcutaneous 6-mg injection has the most favorable NNT for complete pain relief at two hours (NNT = 2).²³ The pharmacologic differences and costs of triptans are outlined in *Table 7*.

Triptans may not be effective in all patients or all migraine episodes. Repeating the same dose of the same medication may not relieve persistent symptoms.¹² However, if a migraine resolves but recurs within 24 hours, the initial triptan is likely to be successful. Combining the triptan with 500 mg of naproxen or choosing a triptan with a longer half-life may reduce recurrence rates.²⁴ In a randomized, placebo-controlled trial comparing sumatriptan plus naproxen (Treximet) with each medication alone, the combination was superior for partial pain relief at two hours, complete pain relief at two hours, and sustained pain relief at 24 hours.²⁴⁻²⁶ The fixed-dose combination pill contains 85 mg of sumatriptan, a dose not available in sumatriptan alone. The fixed-dose combination pill is often reserved as second-line treatment because of its cost, but using sumatriptan (50 mg) plus naproxen (500 mg) has been found noninferior.²⁶ Naproxen has been studied in combination only with sumatriptan, but it is reasonable to combine it with other triptans.²⁴

Triptans are generally well tolerated. A 2016 meta-analysis found no significantly increased

TABLE 5

Medications for Acute Migraine

Medication	Comments
First-line options	
Acetaminophen	—
NSAIDs	
Aspirin	Highest-risk NSAID for adverse effects
Diclofenac	Powdered form available
Ibuprofen	—
Naproxen	Slower onset, but longer half-life
Triptans	
Almotriptan (Axert)	—
Eletriptan (Relpax)	Least cardiovascular risk
Frovatriptan (Frova)	Recommended for menstrual migraine
Naratriptan (Amerge)	—
Rizatriptan (Maxalt)	—
Sumatriptan (Imitrex)	Oral and intranasal formulations, and subcutaneous injection
Zolmitriptan (Zomig)	Oral and intranasal formulations
Combined regimens	
Acetaminophen/aspirin/caffeine	Preferred in patients with contraindications to vasoconstrictors
Sumatriptan/naproxen (Treximet)	—
Second-line options	
Antiemetics	
Chlorpromazine	—
Droperidol	—
Metoclopramide (Reglan)	Oral formulation
Prochlorperazine	—
Promethazine	—
Dihydroergotamine, intranasal (Migranal)	Severe nausea is common
Parenteral NSAID (ketorolac)	—
Options for refractory migraine	
Dexamethasone, intravenous	Used to prevent recurrence
Dihydroergotamine, parenteral (DHE 45)	Severe nausea is common; do not use within 24 hours of triptan administration
Magnesium sulfate, intravenous	Used only for migraine with aura
Opioids	High abuse potential; use sparingly and infrequently
Valproate, intravenous (Depacon)	Studies show contradictory results

NSAID = nonsteroidal anti-inflammatory drug.

Information from reference 8.

TABLE 6

Effectiveness of Sumatriptan (Imitrex) for Migraine Headache

Route of administration	Dose (mg)	Number needed to treat*	
		Pain relief at 2 hours	Pain free at 2 hours
Intranasal	10	6	7
	20	4	5
Oral	25	4	6
	50	4	6
	100	4	5
Subcutaneous	4	2	3
	6	2	2

*—In patients with moderate to severe pain at baseline.

Information from reference 23.

risk of serious adverse effects.²⁷ With the exception of almotriptan and frovatriptan, most triptans were associated with fatigue, dizziness, chest discomfort, somnolence, and nausea. Risk of minor adverse effects varies by medication and route of administration.^{23,27}

Although triptans are effective, they may be expensive. Appropriate individualized use is critical. Strategies to improve cost-effective migraine care include advising patients to use the medication early in the attack and using the stratified treatment approach.² Basing initial treatment on the severity of the patient's attacks reduces the risk of treatment failure.¹³ Although the initial therapy may not be the least expensive option, the higher probability of success avoids payment for medications that do not work, as well as the cost of lost productivity, disruption of activities, and repeated medical visits for unresolved migraines.

Second-Line Therapies

Several other medications have good evidence of effectiveness for migraine. However, they are reserved as second-line agents because of adverse effects, route of administration, cost, or abuse potential (Table 5).⁸

DIHYDROERGOTAMINE

Intranasal dihydroergotamine has strong evidence of effectiveness^{12,28} but more adverse effects than triptans because of its decreased receptor specificity. Nausea is a common and significant adverse effect, and metoclopramide (Reglan) is often administered first. Because of its vasoconstrictive properties, dihydroergotamine can cause leg cramps or tingling in the extremities. If this occurs, the dose should be reduced or the medication stopped. It should not be used in pregnant women.

OPIOIDS

Opioids such as butorphanol, codeine, tramadol, and meperidine (Demerol) have moderate evidence of effectiveness for migraine.²²

TABLE 7

Summary of Triptan Medications for Migraine Headache

Medication	Formulation	Half-life (hours)	Cost*
Almotriptan (Axert)	6.25- and 12.5-mg tablets	3 to 4	\$71 (\$264) for 6 tablets
Eletriptan (Relpax)	20- and 40-mg tablets	4	\$72 (\$346) for 6 tablets
Frovatriptan (Frova)	2.5-mg tablets	26	\$171 (\$664) for 9 tablets
Naratriptan (Amerge)	1- and 2.5-mg tablets	6	\$36 (\$514) for 9 tablets
Rizatriptan	5- and 10-mg tablets (Maxalt)	2 to 3	\$12 (\$228) for 6 tablets
	5- and 10-mg orally disintegrating tablets (Maxalt-Mlt)	2 to 3	\$17 (\$228) for 6 tablets
Sumatriptan (Imitrex)	25-, 50-, and 100-mg tablets	2.5	\$16 (\$546) for 9 tablets
	6-mg injection	2.5	\$29 (\$185) for 1 vial (1 dose)
	5- or 20-mg nasal spray	2	\$130 (\$458) for 1 nasal spray (6 doses)
Zolmitriptan	2.5- or 5-mg tablets (Zomig)	3	\$52 (\$587) for 6 tablets
	2.5- or 5-mg orally disintegrating tablets (Zomig Zmt)	3	\$46 (\$589) for 6 tablets
	5-mg nasal spray	3	Generic not available (\$420 for 6 doses)

*—Estimated retail cost based on information obtained at <http://www.goodrx.com> (accessed September 19, 2017). Generic price listed first; brand in parentheses.

However, they have a high abuse potential and induce receptor changes that can decrease response to therapy, and routine use is not recommended.

ANTIEMETICS

Antiemetics are often used for migraine. The dopamine antagonists chlorpromazine, droperidol, metoclopramide, and prochlorperazine have moderate evidence supporting their use.^{8,11} They are often administered parenterally. Metoclopramide and prochlorperazine are the most extensively studied; both have been proven superior to placebo.²⁹ In limited head-to-head studies, prochlorperazine proved as effective as or superior to other antiemetics. All dopamine antagonists carry a risk of extrapyramidal adverse effects. Although these are uncommon with intermittent use, patients should be cautioned about overuse of these medications.¹²

OTHER MEDICATIONS

Several parenteral medications are available for office-based care. Ketorolac (30 to 60 mg) is commonly used.²² Promethazine, a dopamine antagonist with antihistamine properties, outperforms placebo, even when used alone.³⁰ Both of these medications are administered intramuscularly. Promethazine is sedating, and patients should not be allowed to drive themselves home after receiving it.

Refractory Migraine

Parenteral dihydroergotamine (DHE 45) is commonly used to treat refractory migraine. However, vasoconstrictive agents should be avoided for 24 hours after administration of a triptan.^{12,28} In these cases, parenteral NSAIDs and/or antiemetics are preferred.^{12,31} Intravenous magnesium sulfate (1 to 2 g) may be an effective alternative treatment for migraine with aura.^{8,32,33} Intravenous valproate (Depacon) is commonly used, but the evidence supporting its effectiveness is contradictory.³⁴⁻³⁶ Diphenhydramine (Benadryl) is not recommended.³⁷ Parenteral corticosteroids (e.g., intravenous dexamethasone) with or without tapered oral corticosteroids can be considered to help decrease headache recurrence.^{12,29,31} Opioids can be considered for refractory migraine but should be used sparingly and infrequently.^{12,31}

SORT: KEY RECOMMENDATIONS FOR PRACTICE

Clinical recommendation	Evidence rating	References
Nonsteroidal anti-inflammatory drugs are a first-line treatment for mild to moderate migraine. The choice of medication should be based on availability and adverse effect profile.	A	8, 11, 12, 15-19
Triptans are a first-line treatment for moderate to severe migraine. Several triptans are available with different pharmacokinetics and routes of administration.	A	8, 22, 23
The choice of triptan should be individualized based on the patient's migraine characteristics and on the route of administration, pharmacokinetics, and cost.	C	8, 22, 23
Dopamine antagonist antiemetics are second-line treatments for migraine.	B	8, 29
Parenteral dihydroergotamine (DHE 45), magnesium sulfate, valproate (Depacon), and opioids should be reserved for refractory migraine because of adverse effects, weaker evidence of effectiveness, and/or abuse potential.	B	8, 31, 34-36

A = consistent, good-quality patient-oriented evidence; **B** = inconsistent or limited-quality patient-oriented evidence; **C** = consensus, disease-oriented evidence, usual practice, expert opinion, or case series. For information about the SORT evidence rating system, go to <http://www.aafp.org/afpsort>.

Special Considerations

CHILDREN AND ADOLESCENTS

Evidence for effective treatment of migraine is weaker in children than in adults; studies have high placebo response rates and lack precision and consistency.^{38,39} In studies of acetaminophen and NSAIDs, ibuprofen produced the best results. All triptans except frovatriptan have been studied in children and adolescents.^{38,39} Three are approved by the U.S. Food and Drug Administration for use in this population: almotriptan (for children and adolescents 12 to 17 years of age), rizatriptan (six to 17 years), and sumatriptan in combination with naproxen (12 years and older).⁴⁰ Although sumatriptan nasal spray is not approved for use in children, it has shown the greatest benefit in studies of children with migraine, and the American Academy of Neurology recommends it for use in adolescents 12 years and older.^{41,42}

PREGNANCY AND LACTATION

Acetaminophen and metoclopramide are the only treatments for migraine that are considered safe in pregnancy. Observational studies have shown no association between triptan use in the first trimester and fetal malformation or adverse pregnancy outcomes.^{12,43} Triptan use in the second

and third trimesters is associated with increased risk of uterine atony and increased blood loss during labor and delivery.⁴³ Although controversial, triptans can be considered for use in pregnant women with debilitating migraines when the potential benefits outweigh the risks. Medications considered safe during lactation include acetaminophen, ibuprofen, metoclopramide, droperidol, prochlorperazine, diphenhydramine, and sumatriptan.¹² Aspirin should be avoided during pregnancy and lactation.¹²

CONTRAINDICATIONS TO VASOCONSTRICTORS

Triptans and other vasoconstrictors are contraindicated in patients with coronary artery disease and in specific migraine syndromes, such as hemiplegic and basilar migraines. Nonopioid combination analgesics, especially acetaminophen/aspirin/caffeine, are most helpful in patients with these conditions.¹² NSAIDs and dopamine antagonists can also be considered.¹²

This article updates previous articles on this topic by Gilmore and Michael,⁵ and by Aukerman, et al.⁴⁴

Data Sources: A PubMed search was completed in Clinical Queries using the key terms migraine, acute, and treatment. The search included meta-analyses, randomized controlled trials, clinical trials, and reviews. Also searched were the Agency for Healthcare Research and Quality evidence reports, Essential Evidence Plus, the Cochrane database, the National Guideline Clearinghouse, and the websites of the American Academy of Neurology and American Headache Society. Search date: September 21, 2016.

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