

# AFP Clinical Answers

## Allergic Rhinitis, Acute Limp, Shoulder Dislocation Surgery, Hyperbilirubinemia, Vertigo, Leukemia

### What is the initial treatment recommendation for allergic rhinitis?

Continuous or as-needed intranasal corticosteroids are the first-line treatment for allergic rhinitis.

Allergic Rhinitis: Rapid Evidence Review; May 2023

### How should a young child with an acute limp be evaluated?

In children younger than five years with an acute limp, no localizing pathology on examination, and no concern for infection, anteroposterior and lateral radiography of both lower extremities should be performed, starting with the tibia and fibula. Imaging of both femurs may be appropriate if radiography of the tibia and fibula is unrevealing.

Evaluating the Child With a Limp; May 2023

### When is surgery for anterior shoulder dislocation beneficial?

Surgical treatment should be considered in first-time anterior shoulder dislocation in active patients younger than 25 years because of the high recurrence rate.

Acute Shoulder Injuries in Adults; May 2023

### How should neonatal hyperbilirubinemia be diagnosed?

All newborns should be examined for jaundice and signs of acute bilirubin encephalopathy at least every 12 hours from birth until hospital discharge. Visual assessment alone should not be used to diagnose hyperbilirubinemia. Objective bilirubin measurements should be obtained in newborns who appear jaundiced or have symptoms of bilirubin toxicity. The American

Academy of Pediatrics recommends universal screening of newborns 35 weeks' and older gestational age with total serum bilirubin or transcutaneous bilirubin at 24 to 48 hours of life or before hospital discharge if occurring earlier.

Neonatal Hyperbilirubinemia: Evaluation and Treatment; May 2023

### Which treatments are recommended for benign paroxysmal positional vertigo?

Repositioning maneuvers are helpful in treating benign paroxysmal positional vertigo. Benign paroxysmal positional vertigo should not routinely be treated with vestibular suppressant medications such as antihistamines or benzodiazepines.

Dizziness: Evaluation and Management; May 2023

### When can patients with chronic lymphocytic leukemia be monitored without treatment?

Asymptomatic, early-stage chronic lymphocytic leukemia (i.e., absence of anemia and thrombocytopenia and less than three areas of lymph node involvement) may be monitored without treatment.

Leukemia: What Primary Care Physicians Need to Know; April 2023

#### Tip for Using AFP at the Point of Care

The updated U.S. Preventive Services Task Force Preventive Health Care Schedule is now available: <https://www.aafp.org/afp/USPSTF2023.html>

A collection of AFP Clinical Answers is available at <https://www.aafp.org/afp/answers>.